

Master Jane Yang has used many different forms of external chi-gong healing, some based on the techniques of traditional Chinese and Tibetan chi-gong and some based on her own developing understanding of how the body works. As useful as they were Jane found that they were just exercises designed to relax and strengthen the body and mind. Simple or complex they only had this effect.

What Jane has observed in her clinic is that all techniques of any kind, all the various forms of chi-gong practices which are very numerous and even the various forms of traditional yogic practices including all the various forms of meditation techniques were no more effective in releasing the deeper layers of tension that exists in all living beings, than are the drug therapies and invasive medical procedures such as the radical removal of diseased organs.

It did not matter what alternatives she offered her clientele, whether it was a form of traditional chi-gong exercises or other more traditional eastern meditative techniques. Jane noticed that the effects in the body-mind were only temporary and merely gave the appearance of a healthy body through providing an excess of what is called Chi in their bodies. Jane saw that as soon as a person stopped whatever form of remedial techniques they were practicing they soon returned to an imbalanced bodily state. As soon as a person used up this excess Chi, they would slowly go back to where they started, in some cases feeling not as well as before, because now they had a feeling of being disillusioned that this "miracle cure" was also not working. In fact until recently Jane had yet to see any process of any kind that can really effect the great change people are hoping for.

Jane has found that she could come to rest in this great Wu Ji field and all kinds of changes at the human level would occur.



When her students and clients were also able to find and rest consciously and stably in this Wu-Ji field, they also started to experience these changes.

Master Jane Yang has seen a great change in many of her client's lives as a result of "Soaking them" so to speak in this Wu-Ji Field. Changes occurred in people's lives that were benign, healings at the physical level, at the emotional level, even at the mental level. She has noticed remarkable changes in people's fundamental personality, relationships to themselves as well as to their families and work situations.

These changes are not just superficial, they are a growing process of change and adaptation to a completely different way of living.

When the Being is able to fall into the feeling of this Wu-Ji Field, then there begins to be manifest, various signs of Calm and Peace in the Body-Mind. This is the place where True Healing begins.

One major effect of this Practice and Treatment seems to be an increased force of bodily purification that appears to be working at a cellular level. Physical, Emotional and Mental shocks that are buried in the bodies structures both physical and subtle are able to be released in this process in ways that are lasting and true. Thus bringing about a balance to the Body-Mind that Jane had never before seen, allowing lasting and positive benefits.

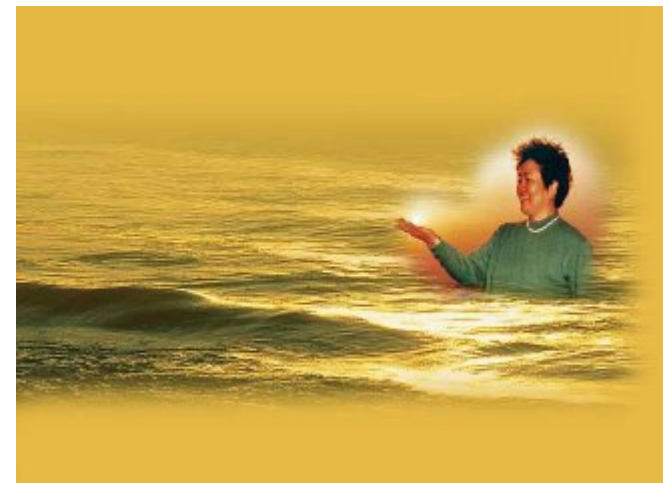
This practice of Wu Ji Chi Gong is taught by Master Jane Yang in both Seminars and Retreats. For further information about Treatments, Seminars, Retreat costs etc.

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Chi Gong Therapy Centre

Introducing Wu Ji Chi Gong Master Jane Yang

The Wu Ji
Is a Field of Blessing.
Beauty and Infinite Feeling.
It has no Secrets. It is no Secret.
It is Beauty itself Manifest as all Things
and all Beings.



Who is Master Jane Yang?



Master Jane Yang is a Practicing Chi-Gong Master, who migrated to Australia nineteen years ago. She has been practicing Chi-Gong Therapy for 40 years and is well known both here and in China as a true Master of the Art and Science of Chi-Gong.

Having nearly died herself from an incurable heart disease, in which her heart regularly refused to beat any more than 40 beats per minute and needing oxygen for what she thought were the last six months of her life, Jane eventually found a Chi-Gong Master who was able to heal her. Jane then went on to learn as much as she was able to from some of the most powerful Chi-Gong Masters in China.

Jane is able to emit Chi from her body at will, this combined with her ability to see illness reflected in the human energy field also known as the Aura, and a compassion and understanding of human nature rarely seen today, has allowed Jane to develop a very successful Healing and Teaching practice.

Previously Jane was practicing and teaching what are considered to be the Traditional styles of Chi-Gong. (Zhineng Gong, Gou Lin Walking Chi-Gong, Shang Gong, Yan Xin Chi-Gong and many other forms of External and Internal Chi-Gong exercises).

During the past few years Master Jane Yang has been developing, practicing and teaching a unique style of Chi-Gong called Wu-Ji Chi-Gong.

What is a Chi Gong Treatment?

When you first visit Master Jane Yang at her clinic, the most obvious thing you will notice is how approachable and understanding Jane is. You are immediately put at ease, perhaps it is her infectious laughter, or her obvious knowledge of what ails you. Her examination of you is thorough and accurate. She will find exactly where to use her healing Chi to best advantage for you. Jane is able to accurately see the most beneficial approach to your condition. Jane will be able to give you an estimate of the time and energy you should invest in healing your condition, and will invite you to learn some Chi Gong exercises so that you can make rapid progress and allow you to feel a sense of personal responsibility for your own health and healing.

A typical visit to Jane is approximately 30 Mins. One of the most noticeable results of Chi-Gong therapy is the feeling of tension release that you experience. The reason for this is because we are all usually closed off from any sense of being connected to a Universal Field or current of energy. It is precisely this awareness that re-emerges during Chi-Gong Therapy. The feeling of this Chi is much more obvious during Chi-Gong therapy due to the Master having a greater build up of personal Chi and an ability to use this excess Chi for the purpose of healing.



What is Wu Ji Chi Gong?

**The practice of Wu-Ji Chi-Gong is one of
Consciously bringing ones Feeling and
Attention into the Wu-Ji field of energy and
allowing that field to bring whatever changes
are needed into being.**



The words Wu-Ji mean the Purest Original Force. It is depicted as an Empty Circle. Master Jane Yang's understanding about the Wu-Ji is that it is not just an empty force as depicted by the empty circle, but truly a field or ocean of Energy full of Blessing, Beauty, and Great Peacefulness. This field is indeed the Source of all things. This form of Chi-Gong has been developed by Master Jane Yang and is her personal distillation of the many forms and styles of Chi-Gong that she has learned and taught over the last 40 years.

Together with her husband and partner Paul Litchfield, Jane has refined and gone beyond the traditional styles of Chi-Gong to develop a new form that approaches the concept of Healing and Practice from a completely different point of view.

Master Jane Yang offers her clients a very real practice that enables them to Integrate the seemingly separate aspects of Body-Mind and Spirit into a way that Both Strengthens and Balances the Whole Being while Reconnecting them to the Universal Field of Life.